



AYWO-AAU State Championship
February 3rd, 2024
Thompson High School
1921 Warrior Parkway, Alabaster, AL 35007
Google Map

Please Read Entire Flyer & direct questions to your coach.
They are your best source of information.

Registration DEADLINE: Wednesday, January 31st, at 11:30 pm CST

****This event will be Live Streamed****

Wrestlers will need their [AAU Card](#) and [Trackwrestling](#) number to pre-register. Tournament fee is paid online. Each wrestler may compete in one weight class. When pre-registering, each wrestler is required to select a skill level.

Registration cost \$30.00
Pre-Registration DEADLINE: Wednesday, January 31st at 11:30 pm CST
No Late [Registrations](#)
Pre-Register Now!
Entrance Fees: \$10 per person, under 3 free

****ALL TOTS MUST WEIGH IN FRIDAY NIGHT****

Weigh-ins will be held Friday the 2nd at two locations. 6-8pm

Tot-Bantam-Girls weigh in at Warrior WC

Midget-Novice-Schoolboy weigh In at Birmingham WC.

There will be day of weigh ins an hour before your scheduled time to wrestle, for all other age divisions (EXCEPT TOT).

All wrestlers get a 1 lbs allowance at weigh ins

If a wrestler busts weight, they will not be able to compete.

Wrestlers **MUST wear a singlet to weigh in.**

Wrestlers (Bantam-Schoolboy) are allowed to weigh-in on either Friday *OR* Saturday at the host location. They may not weigh-in twice

Tournament Host: Shad Rissler, shadrissler@gmail.com

Tournament Operations Director: Ben Wanagat, ben@tournamenttruck.com

State Tournament Criteria

1. AL State Residents Only
2. Wrestlers must have competed at their assigned regionals
3. Wrestlers must wrestle state at their regional weight.
4. All wrestlers must weigh-in wearing a singlet.
5. All wrestlers will get a 1-pound weight allowance at weigh-ins

Seeding Meeting

Seeding meeting will be at 7:30 PM on Friday, February 2nd, 2024 at WWC

The seeding meeting will be used to discuss the seeding coming out of Track Wrestling from the Regional Events.

Information

Each team will be allotted 4 coaches for the first 20 wrestlers then, 1 for every 5 wrestlers up to 40 wrestlers . Any coach over the limit of coaches per wrestler may purchase a 15.00 coaches' band for mat access only.

Team Points will be scored for only 1 wrestler per team per weight class.

Each team must submit their coaching list to Youth and Tournament Director by Friday at 3 pm.

AYWO Standards will be used for age divisions and weight classes.

All final matches for each division will start at the conclusion of the last 3rd place match for that division.

Medal ceremony will follow each weights final match.

Coaches must maintain a visible AAU Card to be allowed on the mats and in the hospitality room. Only two coaches are allowed in the corner during a match.
no coolers. wrestlers may bring drinks however

Saturday February 3rd Wrestling Schedule

TOT Division Born 1/1/2017 – 12/31/2020: Wrestling begins at 9:00 am – 11:30 am
35, 40, 45, 50, 55, 60, 65, 70, 75, 90

BANTAM Division Born 1/1/2015 – 12/31/2016: Wrestling begins at 11:45 am – 2:30 pm
Weigh in: 10:15 am to 11:15 am.
40, 45, 50, 55, 60, 65, 70, 75, 80, 90, 105, 115, 130

MIDGET Division Born 1/1/2013 – 12/31/2014: Wrestling begins at 2:45 pm – 5:15 pm
Weigh in: 1:15 am to 2:15 pm.
50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, 150, 180

NOVICE Division Born 1/1/2011 – 12/31/2012: Wrestling begins at 5:30 pm – finish
Weigh in: 3:45 pm to 4:45 pm
60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 160, 180, 205

SCHOOLBOY Division Born 1/1/2009 – 12/31/2010: Wrestling begins at 5:30 pm – finish
Weigh in: 3:45 am to 4:45 am
70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 250

This event is licensed by the Amateur Athletic Union of the U.S.,Inc.

All participants must have a current AAU membership.

AAU membership is not included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained *before* the competition begins. BE PREPARED!

****Adult and Non-Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed.**